

ANNUAL REPORT



2023-24

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Assalam u Alaikum,



The year 2024 reminded us once again that even in the face of hardship, a single act of compassion can ripple into a wave of hope. Our journey this year was grounded in one unshakable truth: that no one should be left alone in the struggle for food, dignity, and survival.

Across cities and remote villages of Sindh, we witnessed the daily pain of poverty—families without meals, elders with no mobility, and youth left jobless. In response, HISWO remained committed to standing beside our communities—not just as an organization, but as a source of comfort and strength. From distributing thousands of rashan packages to ensuring iftari meals reached fasting families during Ramadan; from providing fruit carts to struggling breadwinners to delivering wheelchairs to the disabled—every effort was a step toward restoring dignity and reducing hardship.

We also offered direct financial support to families and individuals facing crisis—whether due to inflation, unemployment, or medical emergencies. Our food security programs aimed not only to address hunger but to uplift households in the most respectful, transparent, and sustainable ways possible. Behind every package we delivered, every cart we handed over, and every smile we helped restore — was a story of resilience. These stories are not only the heart of our annual report; they are the reason we exist.

To all our supporters, donors, field teams, and volunteers: thank you. Your faith in HISWO made every life touched this year possible. Your generosity turned challenges into opportunities and despair into hope. As we move forward into another year, we remain committed to expanding our impact, listening to the needs of our people, and working with honesty, compassion, and transparency. With your continued support, InshaAllah, we will go further, reach more, and build a future where every human being is treated with the dignity they deserve.

May Allah (SWT) accept our efforts, reward our intentions, and guide us all toward lasting goodness.

With heartfelt prayers and gratitude,

Qazi Muhammad Ibrahim
Founder & Chairman
Haqooq-e-Insaniyat Social Welfare Organization

Empowering Lives Through Dignity, Not Dependency

Livelihood & Food Security Programs:

In the heart of Sindh—amid dust-swept villages, crowded city corners, and fading farmland—there are people struggling not for comfort, but for survival. Mothers stretch a single meal across three hungry children. Young men search endlessly for daily wage work. Elderly women go to sleep on empty stomachs. For them, each day is a test of resilience. Poverty isn't just about lack of income—it's about the loss of choice, of dignity, of opportunity. But in every hardship lies the potential for change. That is where Haqooq-e-Insaniyat Social Welfare Organization (HISWO) steps in—not merely to give charity, but to restore the power of self-reliance. In 2024, HISWO expanded its mission of transformative giving by launching and scaling livelihood and food security initiatives across Sindh. Our programs aimed not only to fight hunger but to enable people to stand on their own feet—with pride, with purpose, and with the tools to shape a better future. From fruit and vegetable carts distributed in Karachi's working-class neighborhoods, to livestock support and seeds given to farmers in Mirpurkhas, from direct financial assistance to struggling families, to ration bags carried into flood-hit areas—our impact has been wide-reaching and deeply human. Every intervention was crafted with compassion, and carried out with the belief that real change begins when we treat every life with respect.

An empty street corner can become a livelihood. A simple cart, a few kilograms of fruit or vegetables, and the willingness to work—this is all many people need to escape hunger. HISWO distributed dozens of custom-designed pushcarts to unemployed individuals, daily-wage earners, and sole breadwinners, particularly in Karachi, Mirpurkhas, and surrounding towns.

By owning their cart, they began earning daily, gaining independence, and regaining control over their lives. Children went back to school, food returned to their tables, and hope returned to their eyes.

Our teams didn't just hand out carts—we also provided basic business orientation, follow-up monitoring, and connection to local vendors. These carts are now rolling symbols of dignity across markets and mohallas.



Direct Financial Assistance: Supporting When There's No One Else

There are times when all it takes is a small helping hand to stop a family from collapsing. A mother needs surgery. A widow faces eviction. A laborer cannot pay his child's school fees. HISWO provided direct financial aid to hundreds of such families in crisis—quietly, respectfully, and without delay.

Each case was carefully verified by our field staff, ensuring transparency and authenticity. Whether it was hospital fees, rent, funeral costs, or emergency travel—we stepped in where support was absent. This isn't just aid; it's an act of trust in human dignity. We didn't just give money—we gave time, care, and a bridge back to stability.



Food is not a privilege—it is a right. And yet, millions in Sindh face chronic food insecurity, especially during Ramadan, disasters, or seasonal unemployment. HISWO launched large-scale ration drives across urban slums and rural pockets, including Saeedabad, Johar Chorangi, NIPA, Tharparkar, Jacobabad, and Badin.

Each ration bag was a lifeline, packed with essentials like flour, rice, lentils, oil, sugar, and tea—items that gave families a full month of dignity. Our volunteers ensured that distribution was efficient, discreet, and inclusive, reaching the elderly, widows, persons with disabilities, and families with young children.

Special Ramadan iftari packs and cooked meal distributions in various urban centers further added warmth to the holy month, reminding recipients that they were not forgotten. Thousands broke their fasts this year with food from HISWO—and prayers filled with gratitude.

Agricultural Revival: Bringing Life Back to the Soil

Our Livelihood and Food Security programs didn't just provide aid—they offered a lifeline, a skillset, a second chance. Each cart, each ration bag, each rupee of aid was delivered with care, and with the belief that every person deserves the opportunity to live with dignity. Farming communities in Sindh have faced repeated losses due to droughts, floods, and inflation. HISWO provided critical support to small-scale farmers in Tharparkar, Badin, and Mirpurkhas, helping them recover their livelihoods. We distributed seed packets, fertilizers, farming tools, and small-scale irrigation supplies. Farmers who lost their livestock were assisted in buying goats or poultry to restart. Training sessions were held on climate-smart farming techniques, encouraging resilience and sustainability. These efforts have helped increase food availability at the household level and created surplus for market sale. In villages where the land had turned dry and silent, green is now returning. We are not only transforming lives—we are transforming mindsets, shifting from dependence to determination, from silence to self-worth. And this journey is only just beginning.



"Give a man a fish, and you feed him for a day. Teach him to fish—and you feed him for a lifetime. But give him a net, a boat, and belief in himself—and you build a community that can feed others too."

Every Drop Matters

Access to clean drinking water is a fundamental human right, yet it remains a distant dream for thousands of people living in remote and marginalized communities of Sindh. In these areas, water scarcity forces women and children to walk long distances to fetch contaminated water from unsafe sources. This not only exposes families to serious health risks but also deprives children—especially girls—of education, and women of opportunities to contribute economically to their households. Recognizing the urgency of this crisis, Haqooq-e-Insaniyat Social Welfare Organization (HISWO) continued its mission during the fiscal year 2024 by expanding its Hand Pump Installation Initiative to bring clean, accessible, and safe drinking water to those in desperate need.

Project Implementation and Regional Outreach

During the reporting period, HISWO identified high-priority areas where communities were severely affected by a lack of access to potable water. After conducting field visits and coordinating with local representatives, the team initiated the installation of hand pumps in the districts of Tharparkar, Mirpurkhas, Khairpur Mirs, and under-resourced settlements in Karachi.

These regions were selected based on water scarcity, poverty levels, and the absence of nearby public water facilities. The installation process was handled by trained technicians and coordinated with local labor to ensure the timely and efficient completion of each hand pump. These installations now serve as vital sources of water for numerous families, who previously had to rely on polluted ponds, dried-up wells, or distant water stations.

Case Stories from the Field:

In the village of KGM in Mirpurkhas, a widow named Hameeda shared how the installation of a hand pump near her home saved her family. Before the pump, her children often drank unsafe water, leading to frequent illness. Now, with clean water available just a few steps away, her children are healthier, and she has started a small kitchen garden. In another example, in Khairpur Mirs, local elders performed prayers around the newly installed pump, expressing their gratitude with tears, saying that clean water had arrived in their village after decades of waiting.



The Hand Pump Installation Initiative stands as a testament to HISWO's unwavering commitment to human dignity, health, and equality. Each hand pump installed is more than a mechanical tool—it is a symbol of hope, relief, and transformation. With the support of our donors, volunteers, and field staff, we have brought water to those who needed it most, creating ripples of change in the lives of thousands. As we move forward, we invite all stakeholders to continue walking with us on this journey, because with unity, compassion, and sustained effort, every drop truly becomes a step toward a better tomorrow.



Healthcare as a Lifeline

Healthcare as a Lifeline

In many areas of Sindh, particularly in rural villages and underserved urban settlements, healthcare remains an unaffordable or inaccessible need. Thousands of people suffer from preventable illnesses simply due to a lack of basic medical facilities. In response, HISWO strengthened its commitment in 2024 to bridge this gap by offering free, reliable, and compassionate health services. Through mobile outreach, local partnerships, and the tireless work of healthcare volunteers, HISWO brought healing and hope to thousands of patients in need.

Throughout the year, HISWO organized and supported free medical camps in both rural and urban regions, including some of the most neglected villages. These camps provided critical healthcare to people who otherwise had no access to professional medical consultation.

Each camp included licensed doctors, nurses, and volunteer staff, offering services such as:

- General health check-ups
- Diagnosis and treatment
- Free medicines and prescriptions
- Referrals for advanced care

Health Intervention	Total Reached
Free Medical Camps Conducted	10
Patients Treated in Camps	2000+
Individual Patients Supported	200
Maternal & Child Health Beneficiaries	100
Hygiene Kits Distributed	100
Health Awareness Sessions Held	6

Maternal, Child, and Elderly Care

We paid special attention to the most vulnerable populations: pregnant women, children, and the elderly. Our maternal health services included prenatal consultations, safe delivery kits, and nutritional guidance for expectant mothers. Children received screenings for malnutrition and basic illness, while the elderly were provided with regular check-ups and treatment for chronic conditions such as hypertension and diabetes.

This targeted approach ensured early detection and prevention of long-term health issues among the most at-risk groups.

Health Awareness & Hygiene Promotion

Recognizing that prevention is key, HISWO conducted regular health awareness sessions in communities, schools and Public Places. These sessions focused on:

- Personal hygiene and handwashing
- Clean drinking water and sanitation practices
- Nutrition and preventive care
- Awareness on diseases like Hepatitis, TB, and COVID-19



Education as a Fundamental Right

Education is not just a basic right—it is the driving force behind individual empowerment and sustainable societal growth. We believe that every child, regardless of their socio-economic status, deserves access to quality education. Across Sindh, countless children are deprived of basic learning opportunities due to poverty, gender inequality, and a lack of accessible educational facilities. Our organization has continued its efforts throughout 2024 to address these challenges by providing quality education to underserved children in both urban and rural communities. Our work in this sector is driven by the conviction that education is not only a tool for individual transformation, but also a powerful means of breaking the cycle of poverty and creating empowered, responsible citizens.

Educational Outreach in Rural Areas

HISWO has also extended its educational initiatives into the rural and underserved regions of Sindh. In districts like Mirpurkhas, Jacobabad, and KhairpurMirs, many children—especially girls—lack access to formal schools. Through the establishment of non-formal education centers in village settings, we have brought basic literacy and numeracy to children who have never been enrolled in school. Our rural education model is designed to be accessible and adaptable, incorporating local languages, flexible teaching methods, and community involvement to meet the unique needs of each area. This approach has helped us reach communities that have long remained outside the sphere of traditional education systems.

Empowering girls through education remains a central focus of our mission. Over the past year, we have conducted numerous awareness campaigns, school visits, and community dialogues to promote the importance of girls' education. These efforts are aimed at shifting deeply rooted cultural attitudes and dismantling the barriers—such as early marriage, household labor, and gender discrimination—that keep girls out of school. As a result of these campaigns, we have witnessed a notable increase in female enrollment in both our formal and non-formal education programs. HISWO remains committed to creating safe and supportive learning environments where girls can thrive and envision futures full of possibilities.

The education programs implemented by HISWO have collectively benefited hundreds of children across Sindh during the past year. In our formal school in Karachi, 136 students continued their education without interruption. In our rural centers, more than 280 children who had either dropped out or never enrolled in school received structured learning.

Over 700 children across various regions were provided with school supplies to ensure their active participation in education. Additionally, we supported 18 community-based teachers and conducted 15 education-focused events and awareness sessions, which collectively reached over 2,500 people with messages advocating the importance of learning for all.

Among the many lives touched by our education programs is that of Rukhsana, a 10-year-old girl from a village near Mirpurkhas. Until last year, she had never attended school, burdened instead with daily household responsibilities. After a community visit by HISWO's education team, she was enrolled in one of our non-formal learning centers. Today, Rukhsana is reading fluently, writing confidently, and has become an inspiration for other girls in her village who now wish to pursue an education. Her transformation is a testament to the life-changing impact that timely educational intervention can bring.

Vision for the Future

Looking ahead, HISWO plans to strengthen and expand its educational efforts by establishing new learning centers in remote villages, incorporating digital learning tools in our urban schools, and enhancing teacher training programs. We are also exploring partnerships with local government bodies and private sector stakeholders to ensure the long-term sustainability of our educational initiatives. Our vision is clear: to create a society where every child, regardless of background or gender, has the opportunity to learn, grow, and contribute meaningfully to the world.



Restoring Dignity through Daily Essentials

In communities like Karachi, Mirpurkhas and Jacobabad where daily wage earners struggle to put food on the table, the rising cost of living has placed immense pressure on already vulnerable households. Recognizing this urgent need, Haqooq-e-Insaniyat Social Welfare Organization (HISWO) launched its Low-Cost Monthly Grocery Support Program, offering essential food items at subsidized rates—or completely free in extreme cases—to deserving families.

The initiative, which ran consistently throughout 2017, aimed not only to feed the hungry but to preserve the dignity of the underprivileged by providing them with the choice and quality they deserve. Each grocery package was carefully curated to include items that meet a family's basic nutritional needs for the month, including flour, rice, pulses, cooking oil, tea, sugar, spices, and soap.

This program was designed to benefit the poor, widows, orphans, disabled individuals, and jobless laborers in Karachi and surrounding low-income neighborhoods. HISWO's dedicated team conducted thorough assessments through community visits and verified lists to ensure that only genuinely needy families were enrolled in the grocery support program.

By establishing a monthly distribution cycle, we offered stability and predictability to families living with food insecurity. While some families received items at nominal costs, others—based on their financial condition—were supported entirely through Zakat, Sadaqah, and general donations contributed by our generous donors.

Community Participation and Transparency

One of the core strengths of this program was community engagement. Local volunteers played a key role in packing, distributing, and keeping records. Involving community members in logistics enhanced transparency and built trust between HISWO and beneficiaries. Receipts, acknowledgment slips, and digital tracking helped ensure every item reached the intended hands.



HISWO distributed more than 1,200 monthly grocery packs in Sindh, directly supporting over 7,000 individuals including children, elderly citizens, and people with disabilities. During Ramadan and the monsoon emergency period, extra ration drives were conducted, addressing the seasonal spikes in food insecurity.

Many beneficiaries expressed that these monthly supplies not only helped them survive but gave them the peace of mind to focus on other priorities like their children's education and healthcare needs.

We also plan to integrate nutritional guidance and awareness sessions with future distributions, promoting healthy eating habits within resource-constrained households.

With continued donor support, we envision extending this model to other poverty-stricken areas in Sindh, ensuring no family is left hungry due to rising inflation or unforeseen economic hardships.



Spreading Blessings, Serving Humanity

Ramadan is a month of mercy, reflection, and community. We consider it our spiritual and social responsibility to ensure that the less fortunate can also experience the blessings of this sacred month with dignity and joy. HISWO organized large-scale Iftari meals and ration distributions across multiple urban and rural locations—most notably in Johar Chorangi, Nipa Chorangi, and various underserved towns and villages throughout Sindh.

The program provided freshly prepared Iftari meals, dates, fruits, and drinks to daily wage earners, laborers, orphans, the elderly, and those fasting without access to proper food. Our goal was to ensure that no one would break their fast with an empty plate.

What began as a small community-driven initiative evolved into a full-scale movement of compassion. During the month of Ramadan, HISWO volunteers, donors, and partners joined hands to organize daily Iftari setups in high-traffic and low-income areas. Locations like Karachi, Mirpurkhas, Kharpur Mirs were chosen due to their dense populations of working-class families who often cannot afford a wholesome Iftar meal.

Large tents were set up daily, and with the support of dedicated volunteers and cooks, over 400 meals were served each day. These Iftars were inclusive, welcoming anyone in need—regardless of background or identity.

Impact in Numbers (Ramadan 2025)

- **Total Iftari Meals Served:** 6000+
- **Families Given Ramadan Ration Packs:** 400+
- **Locations Covered:** 6+
- **Volunteers Engaged:** 30+
- **Donors Participated:** 40+

Beyond Karachi, the Ramadan Iftari program reached interior Sindh, including towns and villages in Mirpurkhas, Tharparkar, Jacobabad. In remote locations where hunger is not limited to Ramadan, this initiative brought much-needed relief and unity. HISWO ensured that food reached even the most neglected areas. Alongside Iftari, Ramadan ration packs containing flour, rice, lentils, sugar, dates, oil, and tea were distributed to over deserving families, helping them prepare their own meals during Suhoor and Iftar at home.

This initiative not only fed those in need but inspired a wave of kindness across the community—especially among youth volunteers who gained a sense of purpose through service.

A Month of Reflection, A Year of Commitment

The success of our Ramadan Iftari Program reinforced our belief that small acts of kindness, when done collectively, can uplift entire communities. HISWO remains committed to extending this compassion beyond Ramadan by continuing food drives, ration support, and community meals for struggling families year-round.

In the blessed month of Ramadan, HISWO stood as a bridge between those who give and those in need. From the bustling streets of Johar Chorangi to the quiet villages of Tharparkar, every shared meal was a reminder that humanity thrives when we break bread together.

“Whoever gives Iftar to a fasting person will have a reward like theirs.”
Prophet Muhammad (PBUH)



HOW YOU CAN SUPPORT HISWO

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IBAN: PK75 HABB 0008307900889403

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